C3+ monitor
Patient Information

Dear patient
You are starting today with an outpatient ECG examination.

The recording runs for _____ days.

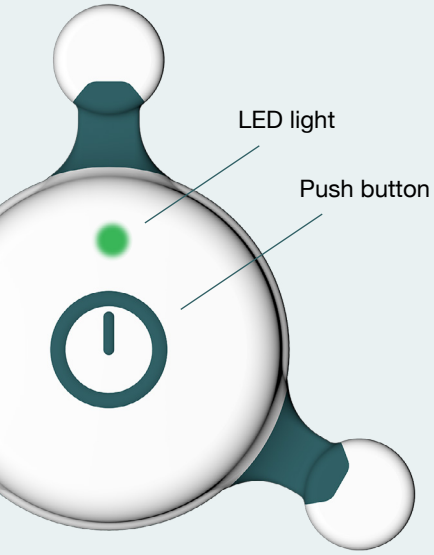
Please return the device to _____ .

With the small and lightweight C3+ monitor, you can go about your daily tasks. The ECG device is designed so that it is as comfortable and convenient as possible.

If you have any questions, please always consult your doctor. Please note the following instructions during the wearing period of the long-term ECG device, this is the way to achieve the best long-term ECG. Should the electrodes become detached, please contact your your doctor immediately. Cardiac arrhythmias have many causes.

They can often be recognised by feeling the pulse or listening to the heart, but often further examinations are necessary for an accurate diagnosis. An electrocardiogram (ECG) is used to record the heartbeats. In your case, these are recorded by means of a long-term ECG over a period of 24 hours or longer.

The monitor is only to be removed by specialised medical personnel.



Green
Flashing slow: recording in progress.
Flashing fast: event marked.

Yellow
Flashing slow: Memory is full.
Flashes fast: low battery / turning off.

White
Flashing fast: No signal,
Electrodes do not have proper contact to the body.
Flashing constantly: Please contact your doctor immediately.

Do not stand near electromagnetic fields.

Do not use sauna / infrared cabins.

Do not shower with the monitor.

Do not immerse the monitor in liquids.

70129 Patient Flyer and Logbook 05.24 UK

Cortrium C3+ monitor
Recording log

Patient ID: C3+ monitor SN:

It is important that you keep a diary of your activities and symptoms while wearing the C3+.

- **Time & Date** - Please note the date and time of the recording start and each activity or symptom
- **Activity** - Sitting, walking, exercise, eating, sexual activity, taking medication, etc.
- **Symptoms** - Pain / discomfort such as back pain, chest pain, nausea, dizziness, other discomfort.

As soon as symptoms become noticeable or you feel unwell, briefly press the button once!

Date:	Time:	Activity:	Symptoms: